



The Interagency Greatest Loser Challenge

February 1 – April 10, 2016

Step up to your fitness goals and compete with other departments and agencies while you complete the challenge.

Assemble a team of up to 15 employees for 10 weeks of healthy competition. The team with the greatest weight loss percentage will claim the trophy for 2016.

Learn to burn

Join our webinars every Tuesday at noon. They'll cover health topics like controlling cravings, keeping weight off, and moving more at work. Watch your email for more information.

Get moving

Team captains can register now! The contest begins February 1. Contact your wellness manager for details.

Interagency Greatest Loser participants:



Human Resources
My Health Matters!

