

we are the county of
los angeles



Chinatown, Los Angeles

Time to review your *Options* benefits!

October 1 – October 31, 2017

mylacountybenefits.com

Annual benefits enrollment is your one time a year to review and make changes to your *Options* benefits. During this time, you can:



Enroll in or change plans.

- ✓ Medical
- ✓ Dental
- ✓ Optional benefits: long-term disability health, and accidental death & dismemberment insurance



Add or drop coverage for family members. You must remove ineligible family members from your coverage. See page 3.



Waive or decline medical coverage if you have other coverage. If you choose to waive or decline, you must provide proof of coverage each year. See page 2.



Enroll or re-enroll in the Health Care or Dependent Care Spending Accounts.

Mark Your Calendar

If you miss the October 31 deadline, you cannot enroll or make changes until the next enrollment period, unless you experience a qualifying life event.

Your current benefit elections will continue (new 2018 premium rates will apply) **except** for Health Care or Dependent Care Spending Accounts and waiving/declining medical coverage.

Is Your Contact Information Up to Date?

It is essential that your mailing address and contact phone number are up to date so you get your enrollment packet on time, and your medical/dental plan carriers have your current information. Your enrollment packet will highlight any benefit changes and the monthly cost for your benefits for the new plan year.

You have two ways to update your information:

- ✓ **Use a County computer** — visit mylacounty.gov and choose the Employee Self Service option, or
- ✓ **Contact** your Departmental Personnel Office.

Watch for your *Options* benefits enrollment packet in the mail in late September.

If you don't receive your packet by October 11, you can find your enrollment materials online! Log on to mylacountybenefits.com and go to Additional Resources to download the materials.

You can also call the Benefits Hotline at **213-388-9982** to request a packet.



Health care at your fingertips

Managing your benefits should be easy. When it comes to ID cards, contact information, and finding nearby facilities, it can be hard to keep track of it all. That's where your smartphone comes in handy. With your health plans' mobile apps, you can:



Find a Doctor or Dentist: Search for an in-network doctor, specialist, urgent care, or hospital close by.



Keep Track of Your Spending: See how much you've paid into your deductible and out-of-pocket maximum.



Check Your Claims: Find out what was billed, how much your health plan paid, and if you have an outstanding balance.



Manage Prescription Benefits: Check the cost of prescriptions, order refills, or switch to home delivery.



Get Your ID Card: Share or email your ID card right from your smartphone.



Download the **Health4Me** (UnitedHealthcare), **Kaiser Permanente**, or **Delta Dental** app (according to which plan you have). You can log in to the app with the same username and password you normally use to access your plan's website account. Check your plan's website for more information on all the great mobile benefits available to you.



Are You Currently Waiving or Declining Medical Coverage?

You must provide information on your other medical coverage each year during annual benefits enrollment.

If you do not submit new or updated information, or if your form is not approved, you will be automatically enrolled in a medical plan for 2018. You will not be able to waive or decline again until the next annual benefits enrollment.

More information will be available in your annual benefits enrollment packet, coming in late September.

Eligibility reminders

Eligible Family Members

Eligible family members you may add to your *Options* medical and dental plans¹ include:

- Your spouse or domestic partner
- Your children, children legally adopted by you, children awaiting finalization of adoption by you, stepchildren, children for whom you are the legal guardian, children you support because of a valid court order, and children of your domestic partner:
 - Under age 26²
 - Age 26 and older if your child became disabled before the limiting age and is approved by your health plan (check with your health plan to determine the limiting age)

Loss of Eligibility

You **MUST** remove an ex-spouse, ex-domestic partner, and any other ineligible family members from your medical and dental coverage. Such situations include divorce or the end of a domestic partnership.

Even if your divorce decree requires you to maintain health care coverage for your ex-spouse, you may not keep your ex-spouse enrolled in your *Options* benefits.

¹ *The dependent term life, accidental death and dismemberment plans, and spending accounts have different dependent eligibility requirements. See your Options Summary Plan Description (SPD) on mylacountybenefits.com for details.*

² *Under age 18 for legal guardianship.*

Social Security Numbers Required

All medical plans are required to gather Social Security numbers (SSNs) to comply with federal reporting requirements. If you enroll in a new medical plan, or change plans, you must provide the SSN of each family member you enroll.

If you do not provide SSNs and any other required documentation within 10 calendar days from the date you enroll, your family member will not have coverage in 2018.



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during open enrollment.

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Healthy Together



Kaiser Permanente is proud to partner with County of LA.

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This newsletter is printed on recycled paper to support the County's commitment to the environment.

You are a part of what makes the County of Los Angeles a great place to live and work — one of over 100,000 employees dedicated to serving the people of the County of Los Angeles.

Your *Options* benefits program, negotiated for you by SEIU Local 721, is designed to give you the security of knowing we've got you covered — so you have the freedom to focus on what matters most at work and at home.





The County of Los Angeles

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Look inside for news about *Options* benefits!

Annual benefits enrollment is
October 1 – October 31, 2017.

- **How to update your contact information** – page 1
- **Managing benefits on your smartphone** – page 2
- **Waiving and declining medical coverage** – page 2
- **Eligibility reminders** – page 3









Enroll online

Use your computer, tablet, or smartphone

At mylacountybenefits.com, we've created a mobile-friendly site where you can access all your benefits, all in one place. Whether you want to enroll, make changes, or simply check everything out, you can do it all from your smartphone or tablet. And even better — you don't have to call anyone to complete your enrollment. Just log in to mylacountybenefits.com and take control from there.

Advantages of Enrolling Online during Annual Benefits Enrollment

-  **Enroll** or make benefit changes quickly.
-  **View** your County Allowance and monthly benefits costs.
-  **Access** your enrollment confirmation statement immediately.
-  **Update** Dependents' Social Security numbers.
-  **Upload** supporting documentation from the enrollment homepage.
-  **Link** to your health plans' websites.

Easy
Safe
Secure
Simple
Quick