

Employee Medical Frequently Asked Questions

What exams does OHP offer and when should they be done?

Please see our [Guidelines for Employee Testing](#).

Do we have to use OHP's Employee Medical Work Order form?

No. However, the contractor must receive a written request from the department for each employee that contains all of the information found in the [Employee Work Order](#) form. A department could use an alternate form as long as it provides the same information. Without this form a medical exam cannot be performed by the clinic.

Can employees get their required medical exams from their own doctor?

This is only permitted for Commercial Driver's (DMV) medical exams and Wellness exams.

What if none of the contractors can accommodate my request for a large number of exams?

This would be highly unusual and of concern. If this occurs please notify OHP staff.

How do I get the duty status for an employee sent for a medical?

The initial duty status is communicated directly to the department by the contract clinic via an [Employee Medical Results Form](#). If the employee is not given work restrictions, the clinic will mail the form within 10 business days (15 days if the exam was completed by the mobile unit) after the exam date. If the employee is restricted, the contract clinic will immediately fax the [Employee Medical Results Form](#).

Any subsequent changes in status (for example, if a restriction is removed) will be communicated by OHP to the department via email.

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How does an employee get their restrictions removed or reviewed?

When employees are restricted by one of our contract clinics, they should receive a letter from our office. The letter will provide an explanation of the review process and specify what medical records may need to be submitted. If this letter is not received within four weeks following the exam, the employee may contact Dr. Ken Carrigan at kcarrigan@ceo.lacounty.gov.

What if we become aware of bad service from a contractor?

Please document the date, clinic location, and any facts pertaining to the incident and contact Nina Arbet-Brandt at nbrandt@ceo.lacounty.gov.

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