

# WELLNESS CALENDAR | December 2018



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p><b>December is...</b></p> <ul style="list-style-type: none"> <li>AIDS Awareness Month</li> <li>National Hand Washing Awareness Week (Dec. 2<sup>nd</sup> – Dec. 8<sup>th</sup>)</li> <li>National Safe Toys and Gifts Month</li> </ul>						<p>1</p>  <p>1 DECEMBER WORLD <b>AIDS</b> DAY</p>
<p>2</p>  <p>HAPPY HANU KKAH</p> <p>Begins</p>	3	4	<p>5</p> <p><b>Webinar:</b> Got the Holiday Blues? Tips on How to Manage that Overload</p>	<p>6</p> <p><b>Healthy Connections:</b> Mental Well Being (Hall of Admin) <a href="#">RSVP HERE</a></p>	7	8
9	10	11	<p>12</p> <p><b>BFF Webinar:</b> <a href="#">Family Finances – From Toddlers to Teens</a> <b>Blue Jeans for Giving</b></p>	<p>13</p> <p><b>Blue Jeans for Giving</b> <a href="#">Contact your CGC Coordinator</a></p>	14	15
16	17	18	19	20	21	22
23	24	<p>25</p> 	<p>26</p>  <p>HAPPY KWANZAA</p> <p>Begins</p>	27	28	29
30	31	 <p>Happy New Year</p>				