

SAFETY PRE-PLACEMENT MEDICAL EXAMINATION DATA

**County of Los Angeles - Occupational Health Programs
Department of Human Resources**

Name (Last, First MI)		SSN/Employee Number		Sex	Age	Exam Date
Job Title		Item Number		Department Name		

Body Composition	Dip Stick UA	Blood Pressure				
Height _____ (no shoes)	Glucose ____	BP After 3-5 Minutes in Chair ____/____ Pulse: ____ Repeat if BP>120/80 ____/____ Pulse: ____ Repeat if Differ by >5 mm Hg ____/____ Pulse: ____				
Weight _____ (no shoes/coat)	Protein ____					
Maximum _____ (if applicable)	Blood ____					
BF if >Max _____	Bilirubin ____	Safety Physical Exam: Do all of the components listed below. Additional "PRN" components are required per CPG if there is a positive hx within the 5 years. When there is a positive hx, pertinent negatives and any positives must be fully described in the space below.				

Distant Vision <input type="checkbox"/> Glasses <input type="checkbox"/> Contacts Titmus: Right 20/____ Corr to 20/____ Left 20/____ Corr to 20/____ OU 20/____ Corr to 20/____ BL/EDTRS Chart: (If applicable) Right 20/____ Corr to 20/____ Left 20/____ Corr to 20/____ OU 20/____ Corr to 20/____	Complete Exam Eyes: Pupils, EOM, lens, retina ENT: Nodes, Thyroid, +PRN Cardiac: Auscultate; describe murmurs Lungs: Auscultate; do chest expansion if restriction on spirogram Abdomen: liver, spleen, umbilical hernia; check for aortic aneurysm if ≥50 y.o.	WNL	
Near Vision OU Best: Titmus #__ or 20/____ If # 4 or 20/50, Do Card: J- ____	Vascular: Carotids, venous insufficiency, √ leg edema if 2+ protein Hernias: male inguinal Neuro: DTR's + PRN		
Audio ____ All Levels <30dB ____ Abnormal: MD ear exam	Skin: note CA, bruising, gang/racist tattoos, folliculi barbae		
EKG ____ Normal ____ Insignificant Findings ____ Needs Cardiologist Reading	Back: H/T walk, ROM, active SLR + PRN Knees: Duck walk +PRN		
Spiro ____ Normal ____ Abnormal	Shoulder: ROM +PRN Neck: PRN		
Contractor Name and Location:	Wrist: PRN		
	Ankle: PRN		
Physician's Signature	Physician's Printed Name		