# **Resources in Times of Need**

# California

Below you will find a set of resources in California that can help you get connected to tangible supports:

### **Food Assistance**

#### **CalFresh**

https://www.getcalfresh.org/ (866) 613-3777

## **California Association of Food Banks**

https://cafoodbanks.org/find-food-bank

## **Women, Children & Infants Program**

https://www.phfewic.org/how-wic-works/apply-for-wic/or (800) 852-5770

### **Financial Resources**

## **Apply for Unemployment**

https://www.edd.ca.gov/unemployment/ 1-866-333-4606

## **Cash Assistance: CalWorks**

https://www.cdss.ca.gov/calworks

## **Apply for Public Assistance**

https://www.cdss.ca.gov/benefits-services

### Housing

# **US Dept. Housing and Urban Development** (HUD)

https://www.hud.gov/states/california/renting 1-800-CALL-FHA

## **Utilities and Mobile Phone Resources**

## **Low-Cost Internet/Computer Access**

http://broadband.unitedwaysca.org/

## **Interpersonal Violence**

# **National Domestic Violence Hotline**

1-800-799-7233 or 1-800-799-SAFE

## **CA Partnership to End Domestic Violence**

Find Local Programs Here

#### Childcare

# National database of resources in local communities

https://www.childcareaware.org/resources/ccrr-searchform/

## School-age programs at local YMCAs / YWCAs

Find your YMCA and Find Your YWCA

## **CA Child Care Resource & Referral Network**

https://rrnetwork.org/family-services/find-child-care

### **Other Resources**

## **Resource Covid-19 CA Response**

Covid-19 CA Response <a href="https://covid19.ca.gov/">https://covid19.ca.gov/</a>

## How to apply for coverage

http://www.kp.org/medi-cal www.CoveredCA.com

https://continuecoverage.kaiserpermanente.org/losing-

job-coverage/

## **Mental Health**

https://findyourwords.org/

#### California 211

https://www.211ca.org/ or Dial 211

### **American Job Centers**

https://www.dol.gov/general/topic/training/onestop

## Resource for Californians impacted by job loss

https://onwardca.org/



# CALIFORNIA RESOURCES AS OF APRIL 2020

