



Sydney Care can help with COVID-19 symptoms

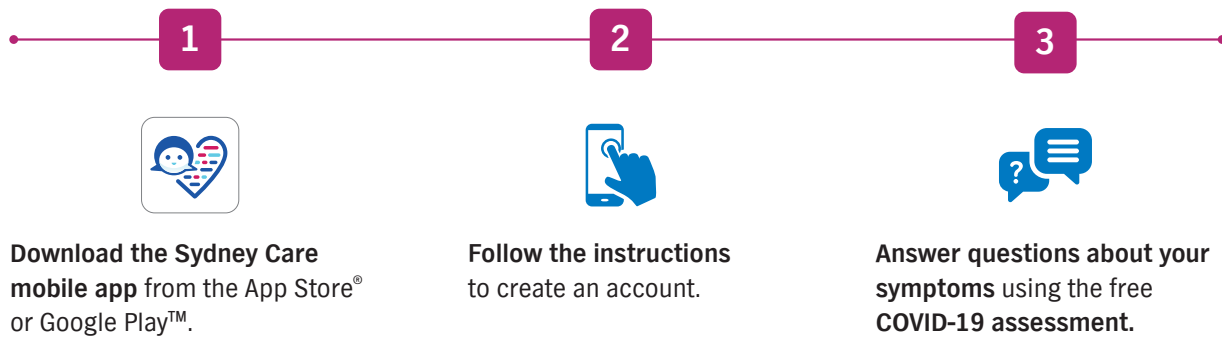
Check your potential risk quickly with the 24/7 Sydney Care mobile app

The free Sydney CareSM mobile app is a quick and easy way to find health answers – without leaving home.



Assess your symptoms

If you're not feeling well, you can assess your symptoms on Sydney Care in three easy steps:



Connect with a doctor

If you need medical care after you assess your symptoms, the app will connect you to a doctor during a LiveHealth Online video session or Virtual Care text session.

The doctor you see during your telehealth visit can evaluate your symptoms, help you understand whether you are at risk for COVID-19, and let you know whether you need to visit a local health care provider for COVID-19 testing.



How much does it cost?

The Sydney Care Coronavirus Assessment is always free. Between now and December 31, 2020, your first two Virtual Care text sessions will be free. Additional Virtual Care text sessions will cost \$19 each. Until further notice, your LiveHealth Online services will be covered at no cost.*



Download Sydney Care now

With the free mobile app, you will be able to check your symptoms and connect to care.



If you have questions about your benefits and COVID-19, check [anthem.com/ca/coronavirus](https://www.anthem.com/ca/coronavirus). Visit the CDC website at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) for up-to-date information about COVID-19.

* These no-cost options for telehealth are available to Anthem members in Fully Insured, Individual, and Medicare Advantage plans – and in Medicaid plans where permitted. Most other plans include telehealth as part of their benefits. If telehealth isn't part of your plan's benefits, you may have out-of-pocket expenses. If your plan is self-insured, members can call Member Services at the number on their ID card to find out about out-of-pocket costs. The Sydney Care COVID-19 assessment is based on guidelines issued by the Centers for Disease Control and Prevention, and reviewed and approved by Anthem, Inc.'s Clinical Solutions team.

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