

# BE A COMMUNITY OF IMMUNITY.



## Let's move forward.

We all have something we're looking forward to, but it's the COVID-19 vaccines that can help us *move* forward. Towards working side-by-side and face-to-face, to meeting for lunch and brainstorming over coffee.

### Understand the facts

Here's what we know about the COVID-19 vaccines currently authorized by the US Food and Drug Administration:

- **They're safe** – These vaccines have undergone the most intense safety monitoring in US history. Side effects from the vaccines are typically mild. In fact, some people experience no side effects.<sup>1</sup>
- **They work** – Studies show the vaccines are not only effective at preventing the virus but they are also highly effective at preventing severe illness, hospitalization and death.<sup>2</sup>
- **They offer protection** – Getting vaccinated not only protects you but may also help protect those around you.<sup>3</sup> According to the CDC, when you are fully vaccinated – which is about two weeks after your final dose – you can safely visit with other fully vaccinated people indoors.<sup>4</sup>
- **They're available at no additional cost to you**<sup>5</sup>

### Join the millions who've been vaccinated

Nearly 200 million people have received at least one dose of a COVID-19 vaccine in the United States.<sup>6</sup> But we still have a long way to go.

Let's continue this momentum within our own community – where we live and work. Everyone doing their part is the best way for us to move forward. Get your COVID-19 vaccine, and encourage your friends, family and coworkers to do the same.



### Find out when and where you can get vaccinated.

To view eligibility information based on where you live, visit [Cigna.com/vaccinesbystate](https://Cigna.com/vaccinesbystate).

Share these facts on social media to help build our **#CommunityOfImmunity**.



1. Centers for Disease Control and Prevention (CDC). "Safety of COVID-19 Vaccines." Accessed April 7, 2021.  
2. Stat News, "Comparing the Covid-19 vaccines developed by Pfizer, Moderna, and Johnson & Johnson," [www.statnews.com/2021/02/02/comparing-the-covid-19-vaccines-developed-by-pfizer-moderna-and-johnson-johnson/](https://www.statnews.com/2021/02/02/comparing-the-covid-19-vaccines-developed-by-pfizer-moderna-and-johnson-johnson/). February 2, 2021.  
3. CDC. "Benefits of Getting a COVID-19 Vaccine." Accessed January 5, 2021.  
4. CDC. "When You've Been Fully Vaccinated." Accessed April 2, 2021.  
5. For plans that cover preventive services at 100%.  
6. CDC. "COVID-19 Vaccinations in the United States." <https://covid.cdc.gov/covid-data-tracker/#vaccinations>. Accessed April 22, 2021.

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