

The County of Los Angeles recognizes that human milk is the optimal food for the growth and development of infants and encourages employees and management to have a positive accepting attitude toward employees who are breast/chestfeeding. The County of Los Angeles promotes and supports the expression of human milk by employees when they return to work after having a child.

In support of Lactation Awareness Month, every August the Department of Human Resources releases a series of four lactation-related newsletters to help bring awareness and education to County employees. Take a read and share with your colleagues, friends and family!

