



ADDITIONAL COUNTY BENEFITS

WELLNESS RESOURCES

TAKE PART IN WELLNESS ACTIVITIES

To help you achieve a healthy lifestyle, the County encourages employees to engage in sustainable habits by introducing experiences, activities, and education to achieve total well-being:

- Wellness events and challenges
- Health and financial wellness webinars
- Healthy connection seminars

employee.hr.lacounty.gov

County-sponsored medical plans offer preventive-care programs, nutrition classes, incentives, and wellness programs. Contact your medical plan to learn more.

FREE COUNSELING FOR YOU AND YOUR DEPENDENTS

Life Assistance Program (LAP) – The LAP can help you and family members in your household create balance between work and life, at no cost to you. It offers:

- Three confidential counseling sessions per person, per issue, per year
- 24/7 crisis intervention
- Monthly educational webinars

800-344-9752



RETIREMENT AND SAVINGS

GROW YOUR RETIREMENT SAVINGS



When you contribute to the Horizons and/or Savings Plan(s), the County provides a matching contribution of up to 4% of your compensation per plan during each pay period.

With the Automatic Deferral Increase feature, you can automatically increase your contributions each year until you reach your pre-set maximum contribution percentage. Your contributions are deducted from your pay pre-tax.

countyla.com
800-947-0845

MANAGE YOUR RETIREMENT ACCOUNT

Access Los Angeles County Employees Retirement Association (LACERA) to view your retirement information.

Visit lacera.com and sign into My LACERA to:

- Review your retirement data
- Get a personalized Retirement Benefit Estimate
- See information about your retirement plan
- Register for a pre-retirement workshop
- Much more

800-786-6464

7:00 a.m. to 5:30 p.m., Monday – Friday

PROTECTION AND SECURITY

SAFEGUARD YOUR FAMILY'S FINANCIAL FUTURE

If you're enrolled in Group Variable Universal Life Insurance, MetLife offers free will preparation and probate services.

For information, or to review or change your beneficiary information, log on to mylacountybenefits.com and click on the MetLife link, or call MetLife.

800-846-0124

COMMUTER BENEFIT PLAN (CBP)

SAVE MONEY ON TRANSIT AND PARKING

The CBP allows you to pay eligible transit and parking expenses with pre-tax dollars, which are conveniently deducted from your paycheck.

You can save money on bus/rail passes, transit vouchers, Metrolink passes, Transit Access Pass (TAP) cards, vanpool fees, parking and other eligible commuting expenses.

To get started and learn more, visit mylacountybenefits.com and click the link in the Commuter Benefits tile on the homepage.

866-225-0067

