



Already registered? Click the login button

[Login](#)



Not Yet Registered?

First Name

Last Name

Department

Employee ID
E

Email

Confirm Email

Do you want to earn rewards for your wellness efforts?

Yes No

CYI3 Type the code from th...

[Generate New Image](#)

I am not a Robot

EMPLOYEE WELLNESS PORTAL

Welcome! Manage your wellbeing with the County of Los Angeles' Employee Wellness Program Portal.

Now, you can track your wellness engagement with greater flexibility and earn rewards along the way. Subject to program eligibility.* Sign-up today!

Countywide Wellness Challenge, Virtual Edition (CWC, Virtual Edition) Participate regardless of where you are and take steps toward becoming a healthier you! It's a new day, a new you, in the new normal. Invest in your wellbeing virtually! **The Challenge will be returning Spring 2023!**

Health Risk Assessment. Know your biometric numbers and improve your chances for good health.

Wellness Incentives. Start earning credits toward gift card rewards as you take an active role in caring for your health and wellbeing.

*Eligibility: Although all employees are welcome to participate in all webinars, rewards are limited to County employees who are direct-subscribers in a County-sponsored medical plan and while supplies last. Employees enrolled in Union-sponsored medical plans, e.g., CAPE/Blue Shield, Local 1014, and ALADS, are not eligible to earn rewards. In accordance with applicable tax law, reward cards you receive will be reported by the County as taxable wages on your W-2, and applicable payroll taxes will be withheld from your regular pay.



SUNSHINE



EXERCISE



HEALTHY FOOD



HYDRATION



RELAX



SLEEP



How to Login to Wellness Portal

Already registered? Click the login button

➔ Login



Not Yet Registered?

First Name

Last Name

Department

Employee Id


E

Email

Confirm Email

Do you want to earn rewards for your wellness efforts?

Yes No

 Type the code from th...

[Generate New Image](#)

I am not a Robot

If you have already registered/created an account, click the yellow Login button to log in to your account



New User?



Register Here

Log into your account

Username

Enter your Username in this field

Password

Enter your Password in this field



Forgot Login?



Log In

Click the Log In button



How to Register to Earn Rewards



Not Yet Registered?

First Name _____

Last Name _____

Department _____ ▾

Employee ID
E ▾

Email _____

Confirm Email _____

Do you want to earn rewards for your wellness efforts?
 Yes No

AXG7 Type the code from th...
[Generate New Image](#)

I am not a Robot

Continue ➔

Enter your First Name and Last Name

Click dropdown arrow to select Department.

Click dropdown arrow to select E or C, then enter your Employee Id

Enter Email & Confirm Email

Select Yes to Earn Rewards

Type in the code shown, then check the box "I am not a Robot". Click the Continue button when it is displayed.

Continue Registration

Only employees in a County-sponsored medical plan are eligible for rewards. The following union-sponsored medical plans are NOT eligible: CAPE Blue Shield (any plan), ALADS/Anthem Blue Cross (any plan) and Fire Fighters 1014. The information being requested is required to confirm eligibility and for tax purposes. It will be kept secure.

Date Of Birth



SSN#

Select Medical Plan



Medical Plan ID



Back

Continue

Enter your Date of Birth

Enter your SSN #

Click dropdown arrow to select your Medical Plan

Enter your Medical Plan ID

Click the question mark icon to open a new browser tab of a graphic showing where to find your Medical Plan ID on your health insurance card.

KAISER PERMANENTE HMO

Kaiser Foundation Health Plan, Inc.
Southern California Region

Prefix: Medical Record No. **00 000000000** Date of Birth **00/0000**

Name: First M Last
XXXXXXXXXXXXXXXXXXXXXXXXXXXX

For information about your Health Plan benefits:
1-800-464-4000/TTY 711 **kp.org**

UnitedHealthcare

Health Plan (80040) **011-87726-04**

Member ID: 123456789 Group Number: **98765**

Member:
SUBSCRIBER SMITH
Dependents:
SPOUSE SMITH
CHILD1 SMITH
CHILD2 SMITH
CHILD3 SMITH

Customer Name Line 1
Customer Name Line 2
Payer ID 87726

OPTUMRx
Rx Bin: 610279
Rx PCN: 9999
Rx Grp: UHEALTH

Copays:
Office: \$25 ER: \$300
UrgCare: \$150 Spec: \$30

0508

UnitedHealthcare Choice Plus
Administered by [Appropriate Legal Entity]

TPV LOGO

myCigna.com

Cigna HealthCare of California, Inc.
Coverage Effective Date: MM/DD/CCYY
Group: 3212364

U23456789 01

Issuer (80640)
ID: **U23456789 01**

Name: **Johnatan A Samplenamelong III**

PCP: James Smith

PCP Phone: 860-555-1212
County of Los Angeles
RxBIN 017010, RxPCN 0215COMM
RxGroup 3212364

Network

PCP Visit	\$10
Specialist	\$10
Hospital ER	\$50
Urgent Care	\$25
STR	\$10
Rx	\$5/20/20

NSP LOGO

Network Savings Program

Anthem

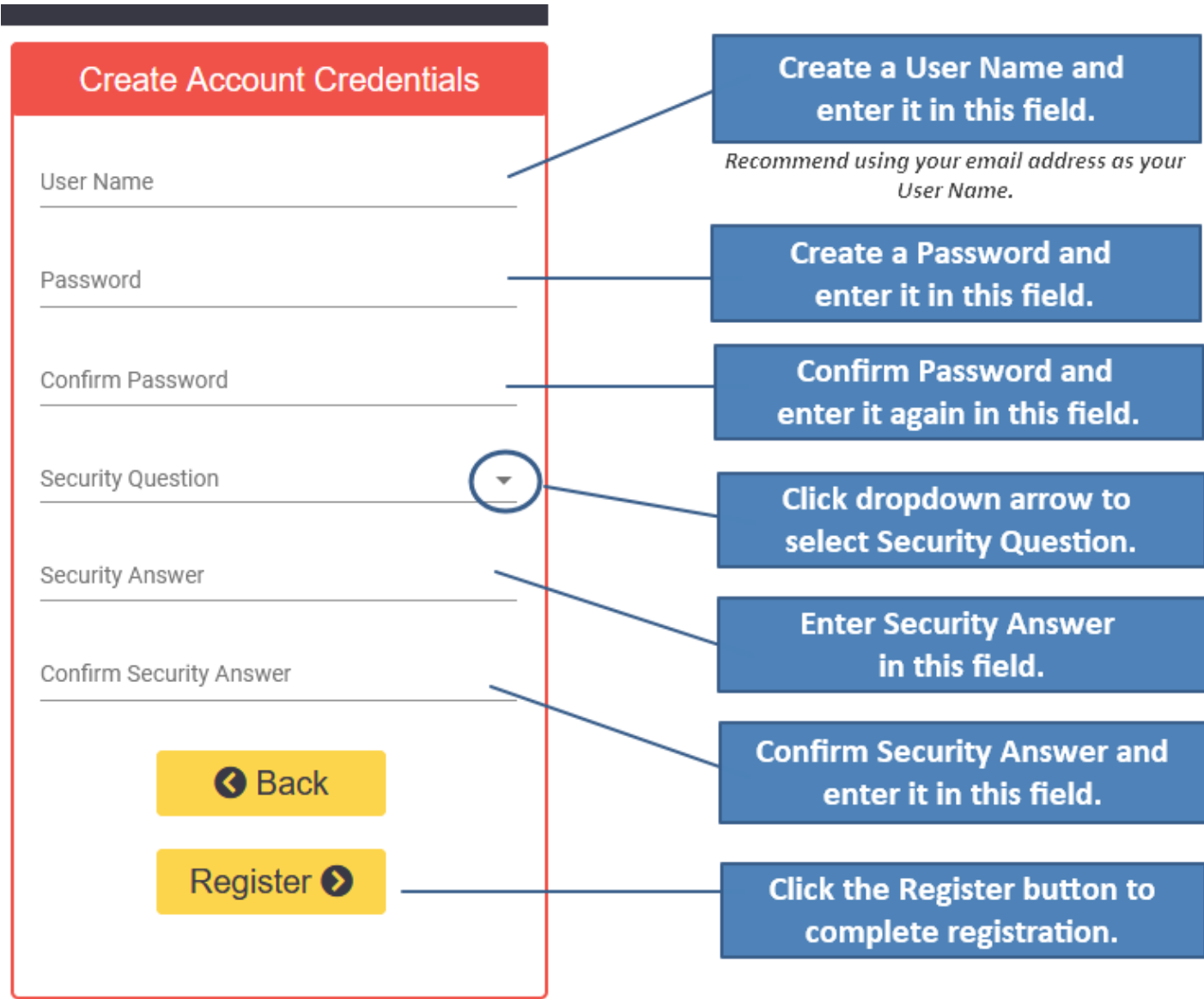
JOHN L. DOE

Member ID: XDPXXXXXXX

Group No: 1284EH Office Visit \$15
Plan Code: 040 OV Child Copay ages 0-5 \$0
RxBIN: 020099
RxPCN: WG
RxGRP: WLHA
Coverage(s):
Pharmacy - Medical

Blue Cross PPO
A Prudent Buyer Plan Product

PPO Rx



The image shows a registration form titled "Create Account Credentials" with several input fields and two buttons. Blue callout boxes with lines pointing to specific elements provide instructions for each field. The fields are: User Name, Password, Confirm Password, Security Question (with a dropdown arrow circled), Security Answer, and Confirm Security Answer. The buttons are "Back" and "Register".

Create Account Credentials

User Name *Recommend using your email address as your User Name.*

Password

Confirm Password

Security Question *Click dropdown arrow to select Security Question.*

Security Answer *Enter Security Answer in this field.*

Confirm Security Answer *Confirm Security Answer and enter it in this field.*

Back **Register** *Click the Register button to complete registration.*



How to Register without Rewards



Not Yet Registered?

First Name

Last Name

Department

Employee ID

E

Email

Confirm Email

Do you want to earn rewards for your wellness efforts?

Yes No

AXG7 Type the code from th...

[Generate New Image](#)

I am not a Robot

Continue

Enter your First Name and Last Name

Click the dropdown arrow to select Department from list

Click dropdown arrow to select E or C, then enter your Employee Id

Enter Email & Confirm Email

Select No to Earn Rewards

Type in the code shown, then check the box "I am not a Robot". Click the Continue button when it is displayed.

Create Account Credentials

User Name

Password

Confirm Password

Security Question

Security Answer

Confirm Security Answer

Back

Register

Create a User Name and enter it in this field.
Recommend using your email address as your User Name.

Create a Password and enter it in this field.

Confirm Password and enter it again in this field.

Click dropdown arrow to select Security Question.

Enter Security Answer in this field.

Confirm Security Answer and enter it in this field.

Click the Register button to complete registration.